



## French Carrot Salad

Season: Summer Type: Salad

**Serves:** 36 tastings

From the garden: Carrot, onion & oregano

Class focus: Mincing onion



## **Equipment:**

Large mixing bowl x 1 Wooden spoon x 1 Small mixing bowl x 1

Whisk x 1 Grater x 4

Chopping boards and knives

Measuring spoons Serving spoon x 5 Serving bowl x 5

## **Ingredients:**

8 carrots (skin-on, roughly grated)

Dressing:

2 tablespoons olive oil

1 tablespoon white wine vinegar

1 sprig oregano (leaves only, finely chopped)

1/4 onion (minced)

1 teaspoon Dijon mustard

1 teaspoon honey 1/4 teaspoon salt 10 grinds of pepper

## What to do:

- 1. Prepare all of the ingredients based on the instructions in the ingredients list.
- 2. Combine all the ingredients for dressing in a small mixing bowl.
- 3. Put grated carrot in a large mixing bowl, pour over dressing. Toss well.
- 4. Serve into 5 large serving bowls with a serving spoon in each.