



Broccoli and Silverbeet Cheese Bake

Season: Spring

Type: Side

Serves: 36 tastings

From the garden: Broccoli, silverbeet, kale & thyme



Equipment:

Large saucepan x 1 Small mixing bowl x 1 Wooden spoon x 2

Chopping boards and knives

Measuring cups Measuring spoons Red baking dish x 5 Serving spoon x 5

Ingredients:

2 cups water 2 cups milk ½ cup plain flour

2 heads broccoli (cut into small florets)
8 silverbeet / kale / a combination (leaves only, finely chopped)
2 sprigs thyme (leaves only)
2 cups grated cheese
1 teaspoon salt
10 grinds of pepper

Topping: 2 cups panko

50g butter (melted using microwave)

What to do:

- 1. Heat oven to 180C.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.
- 3. Combine the first 3 ingredients in a large saucepan and cook over medium heat.
- 4. Stir constantly until mixture is thick and boiled.
- 5. Remove from heat and stir in the next 6 ingredients.
- 6. Distribute equally into 5 red baking dishes.
- 7. Combine the topping ingredients in a small mixing bowl, sprinkle over vegetable mixture.
- 8. Bake for 20 minutes or until the breadcrumbs are golden brown.
- 9. Serve warm with a serving spoon in each baking dish.