

# Aspendale Gardens Primary School Newsletter—Thursday 11th February



INQUIRER THINKER BALANCED RISK-TAKER KNOWLEDGEABLE  
REFLECTIVE PRINCIPLED CARING OPEN-MINDED COMMUNICATOR



Primary Years Programme

*Aspendale Gardens is an IB World School that strives to be internationally minded.*

*Our purpose is to provide a supportive safe and dynamic learning environment. We promote inquiry, curiosity, creativity and individuality. We aim to develop a resilient, open-minded school community where all students become independent, emotionally intelligent and socially competent as they strive to achieve their potential as global citizens.*

## 2021 DIARY

### FEBRUARY

Thursday 11	Foundation Information Evening 5.00pm—6.30pm via WEBEX
Monday 15	Closing Date for School Council Nominations @ 4.00pm
Wednesday 17	District Swimming Carnival Pines Aquatic Centre, Frankston
Monday 22	Year 6 Canberra Tour departs
Thursday 25	'DAGS' Welcome Night 5.30pm—7.00pm
Friday 26	Year 6 Canberra Tour returns

### MARCH

Wednesday 3	FREE DRESS DAY—Easter Donations
Thursday 4	Buddy Bear Picnic 5.00pm—6.30pm
Monday 8	LABOUR DAY HOLIDAY
Tuesday 9	Kingston Division Swimming Carnival
Friday 12	Years 3—6 House Cross Country 9.00am—11.00am
Tuesday 16	SCHOOL PHOTOS provided by 'Advanced Life Photography'
Friday 26	HARMONY DAY Assembly Easter Raffle Drawn at Assembly

## FROM OUR PRINCIPAL

Dear Parents,

### 2021 Foundation Parent Information Night

Our Parent Information evening, for parents of Foundation students, is via WEBEX this evening from 5.30pm – 6.30pm. An invitation has been sent to all families via Class Dojo from your child's teacher.

### Notice of School Council Elections

Nominations for our School Council close at 4.00pm on Monday 15<sup>th</sup> February. Nomination forms are available from the School office. Please phone the office on 9587 0877 if you have any queries



### Running Club

Running Club began this morning for students in Years 3 – 6. We had over 140 students sign up for our Club, which is the most we have ever had. Well done to all students who are interested and thank you to the teachers and parents who assisted. There will be a full report in next week's newsletter.

### School Levy Payment/Excursion Levy

Thank you to the many families who have already paid their school fees. We ask that all school fees be paid **no later than Friday 19<sup>th</sup> February**. If you are opting to pay the excursion levy up front for the year, the final date for this payment is also Friday 19<sup>th</sup> February.

Fee schedules are located on Compass under 'Course Confirmation and Payments'.

If you are having any difficulties regarding payment of fees, please make an appointment to arrange a payment plan with our Business Manager, Rebecca Russell.



### Fundraising Meeting

Thank you to those who attended our Fundraising Get-together last night. It was wonderful to see some new faces come on-board with some new ideas and much enthusiasm. A big thank you to Stacy and Andrea for getting the team up and running this year. A Fundraising Events calendar will be posted in the newsletter soon.



### Parenting Snippets

Each week we will be sharing an article about positive parenting. We hope you enjoy today's, which gives suggestions about how to use encouraging language with your children.

### School Assembly

Unfortunately, due to COVID restrictions parents still cannot attend assemblies as yet. We are hoping this will change in the near future.

Take care and have a wonderful weekend.

*Cheryle Osborne*

## **SPECIAL DATES FOR YOUR CALENDAR**

Thursday 25<sup>th</sup> February 'DAGS' Welcome Night 5.30pm—7.00pm

Thursday 4<sup>th</sup> March Buddy Bear Picnic 5.00pm—6.30pm

Tuesday 16<sup>th</sup> March SCHOOL PHOTOS

Friday 26<sup>th</sup> March HARMONY DAY Assembly  
Easter Raffle Drawn at Assembly

courage & work



**mentone girls'**  
secondary college

Mentone Girls' Secondary College is delighted to be resuming onsite College Tours in Term 1 and planning for an **Open Night on Wednesday 21<sup>st</sup> April at 7:00pm.**

**Bookings for the College Tours are essential** and made through our website at [www.mgsc.vic.edu.au](http://www.mgsc.vic.edu.au).

Additional tour dates will be released as each tour day fills.

Interest is already very high from 2022 Year 7 families. If you are able, please encourage families looking at MGSC for 2023 year 7 and beyond to attend the Open Night and a tour later in 2021.

We will know more about the Open Night arrangement closer to the event and will promote this on our website.

Please contact me if require any other information.

Kind regards

*Jane Garrow* – Communications/Community Liaison

Direct: 03 9581 5237

175 Balcombe Road, Mentone Vic 3194 [www.mgsc.vic.edu.au](http://www.mgsc.vic.edu.au)





# STARS OF THE WEEK



## Foundation — Year 2



## Year 3 — Year 6





# INVESTIGATIONS

Ellen Corovic, Jennifer Bowden, Helen Haralambous and Danijela Draskovic – Education consultants, Mathematical Association of Victoria

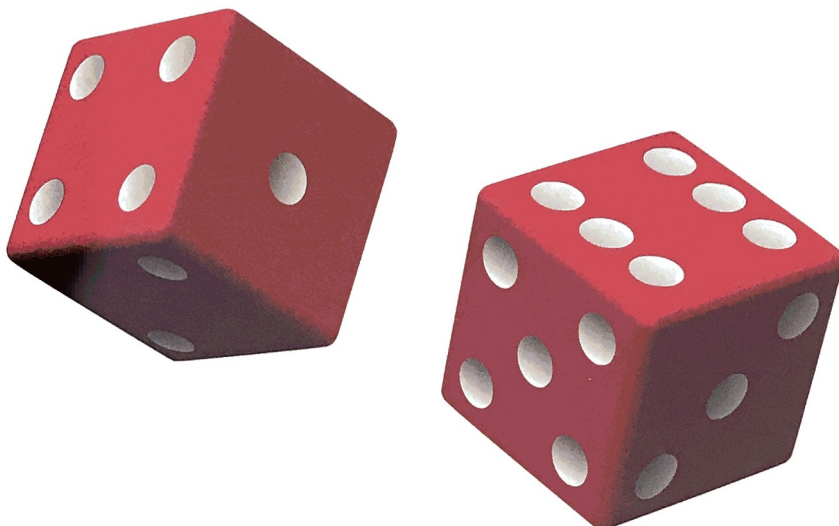
## FOUNDATION - YEAR 2

### MAKING COLLECTIONS

Either roll two dice or turn over two playing cards (e.g. 5 and 3) and use the two digits to make a two-digit number (e.g. 53). If you don't have either of these make up your own numbers. Make a collection of your two-digit number using things in your home. Arrange the collection to make it easier for you or someone else to count.

Draw a number line with 0 as the lowest number and 100 as the highest number, record where your two-digit number would sit. Create a new two-digit number and repeat the steps above.

*Extending prompt:* create a three-digit number.



## YEAR 3 - YEAR 6

### QUANTITY OF NUMBERS

Find at least three things in your home that you have the following quantity of:

- 10
- 100
- 1000
- 10,000
- 100,000
- 1,000,000

Some examples are: chairs, socks, lego pieces, grains of rice, blades of grass.



## YEAR 7 - YEAR 9

### CLOSE TO BEING WHOLE

*Adapted from Nrich*

- Choose fractions from this list, you can choose as many as you want but cannot repeat a fraction.
- Without using a calculator, add the fraction you chose. Can you get close to 1? Which selection of fractions, when added, will give you the closest total to 1?
- Now use any of the four operations: + - × ÷, does that help you get closer to 1?

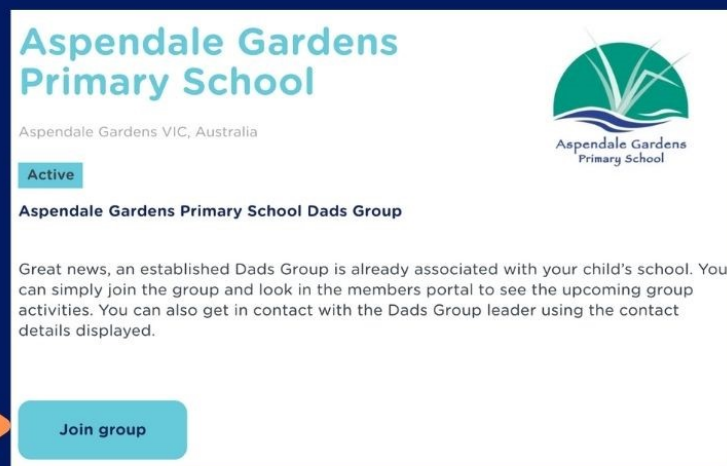
$\frac{1}{6}$	$\frac{1}{25}$	$\frac{3}{5}$
$\frac{3}{20}$	$\frac{4}{15}$	$\frac{5}{8}$

# How to join our dads' group:

## DAG's

### Step 1:

<https://thefatheringproject.org/dads-group/aspendale-gardens-primary-school/>



**Aspendale Gardens Primary School**

Aspendale Gardens VIC, Australia

Active

**Aspendale Gardens Primary School Dads Group**

Great news, an established Dads Group is already associated with your child's school. You can simply join the group and look in the members portal to see the upcoming group activities. You can also get in contact with the Dads Group leader using the contact details displayed.

Join group

### Step 2: →

Join Group

### Step 3: →

Select NO



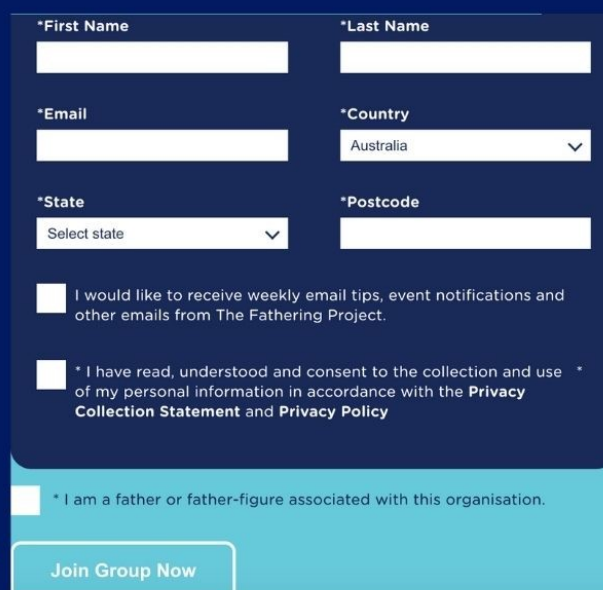
\*Are you a member of The Fathering Project?

☐ Yes

☒ No

### Step 4:

Enter your details and select "Join Group Now"



\*First Name

\*Last Name

\*Email

\*Country

Australia

\*State

Select state

\*Postcode

☐ I would like to receive weekly email tips, event notifications and other emails from The Fathering Project.

☐ \* I have read, understood and consent to the collection and use of my personal information in accordance with the **Privacy Collection Statement** and **Privacy Policy**

☐ \* I am a father or father-figure associated with this organisation.

Join Group Now

# Resistance Words to Avoid when Talking to Kids

by Michael Grose

Our choice of words when communicating with kids makes a huge difference when trying to get their co-operation. The more we push a child who is resistant, the more likely they are to push back and display greater opposition.

Sometimes one word can cause a child to fold their arms and thrust out their jaw in 'you-can't make-me' defiance. Let's take a look at some words that invite resistance, especially from strong-willed children who like to have their own way.



## Resistance Words

- Must – for example "You must be on time!"
- Never – for example "You should never be rude to your teacher."
- Always – for example "You should always clean your teeth before bed."
- You – for example "You need to go to bed now!"

Don't – for example "Don't yell at your brother."

## Why They Invite Resistance

'Must', 'Never' and 'Always' are absolute terms. They cannot be modified in any way. Absolute terms invite resistance from children and young people who do not like to be told what to do. Strong-willed children and young people often view these terms as open invitations to resist. If you have more than one child there is a good chance you have one of these children. If you were to say "You must be nice to your brother", a young resister thinks "We'll see about that".

## Healthy Alternatives

To help with this, you can replace absolute terms with more moderate alternatives that don't back a child into a corner. For example:

- Try "Please be on time" rather than "You must be on time."
- Try "It's best to be polite to your teacher" rather than "You should never be rude to your teacher."

Try "Clean your teeth before bed" rather than "You should always clean your teeth before bed."

## Let Them Know What You Will Do

Many children do not like to be told what they should do. They like to think they are calling the shots. These children are not misbehaving – they just want to feel that they are in control. Which means sometimes, their instinct to resist becomes greater than their desire to follow. Instead of telling your child what to do, let your child know what you will do. It's a subtle but powerful shift. For example:

- Try "I'm saying good night now" rather than "Go to bed now."
- Try "I'll put the meal on the table when it's set" rather than "Set the table!"
- Try "I'm driving you to school at 8.30" rather than "Get ready by 8.30."

You need to follow through if this is to be an effective use of language.

## Avoid Ending an Instruction on a Negative

Ending an instruction on a negative only drives the negative behaviour deeper into the sub-conscious mind of your child. Saying "Don't yell at your brother" will ensure that your child will keep yelling again and again. Instead, say the behaviour you'd like in positive terms. For example say: "Speak quietly to your brother" rather than "Don't yell at your brother." If you can't eradicate "Don't" then develop the habit of ending on a positive. For example: "Don't yell at your brother. Speak quietly."

## Words Matter

Your choice of words makes a huge difference in terms of getting co-operation from more challenging kids.

Of course, some parents believe that their kids should always do as they say, so their language is peppered with absolutes and negatives. This invites resistance and can lead to an ongoing battle between parents and children. If this is the case, then maybe the language you use could benefit from a little tweak.



# (CHILDREN + YOUTH



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Now accepting 2021 enrolments for our rehearsal venues in Berwick, Burwood East, Caulfield North, Cheltenham, Essendon, Greensborough, Ivanhoe, Kew, Ringwood and Yarraville.



Join us at our free **OPEN DAY** on February 13 or 20

Register now at [ausgirlschoir.com.au/febopenday](https://ausgirlschoir.com.au/febopenday) or phone 9859 6499



AUSTRALIAN SCHOOL OF PERFORMING ARTS





# GIANTS

## WANTED!

**JUNIOR BASKETBALL COACH**  
(paid position)  
for our Junior Giants program  
for kids aged 5 to 8 years.

We are looking for an energetic and fun coach  
who is at least 18 years old to teach basic  
basketball skills.

**Must have a current WWCC**  
(ABN preferable)

**When: Each Monday**  
(during school terms)  
**Time: 4.00pm to 4.45pm**

For further information, please contact  
Aspendale Gardens Community Centre

9587 5955

[enquiries@agcsinc.org.au](mailto:enquiries@agcsinc.org.au)

## HITZONE tennis

TERM 1 LESSONS

Before and after  
school lessons available  
at St Louis Tennis Club  
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**For enquiries contact**  
**Trish: 0421 604 849**

TRISH ANGLISS  
JNR DEVELOPMENT COACH  
Phone: 0421 604 849  
E-mail: [trish.angliss@gmail.com](mailto:trish.angliss@gmail.com)

St Louis Tennis Club  
37 Dolphin Street  
Aspendale 3195



## MULTI SPORTS

### WEEKLY CLINIC

2 SPORTS . 1 MORNING . 6 LESSONS  
ALL EQUIPMENT PROVIDED

**GOLF** 45 minutes **AND** 45 minutes **TENNIS**

**SATURDAYS 9:30AM - 11:00AM**  
**STARTS 6 X 1.5hr CLINICS**  
**20TH FEB \$240**

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