

Aspendale Gardens Primary School

Newsletter—Thursday 20th August



INQUIRER THINKER BALANCED COURAGEOUS KNOWLEDGEABLE
REFLECTIVE PRINCIPLED CARING OPEN-MINDED COMMUNICATOR



Primary Years Programme

Aspendale Gardens is an IB World School that strives to be internationally minded.

Our purpose is to provide a supportive safe and dynamic learning environment. We promote inquiry, curiosity, creativity and individuality. We aim to develop a resilient, open-minded school community where all students become independent, emotionally intelligent and socially competent as they strive to achieve their potential as global citizens.

FROM OUR PRINCIPAL

Dear Parents,

This week's newsletter is again packed full of students' remote learning successes ranging from students in Physical Education who enjoyed the games 'Stinky Socks & Sock Tennis', students in Performing Arts enjoyed creating Musical Jigsaw Puzzles and students in Visual Arts celebrated the amazing and unique people they are by creating some posed photos.

Thank you to the wonderful work so many parents are doing, in particular your commitment to creating a routine for your children that works daily. Once again, I congratulate the teachers for all their hard work and being brilliant in juggling their own children along with their class whilst working from home. Thank you also for the wonderful feedback many teachers have been receiving from our parents. It is certainly very encouraging and greatly appreciated.

Everyday Webex Morning Check in

As of next week, all classes will have a morning check in with their class teacher.

The purpose of our Morning Webex Meetings (10 – 15 minutes)

To encourage students to get up and be ready to learn by 9:00am.

To allow students opportunities to connect with their peers and with their teacher and for the teachers to gain from face to face contact.

To celebrate successes with our students.

For selected students to share each day.

To go through an introduction of the day and set expectations.

(Students can stay on after the meeting if they have further questions.)

Webex Times for Each Day:

9:05am Years Foundation, 2 and 5

9:15am Years 1, 3, 4 and 6

Please ensure your child /children are up and ready for the morning meeting. It will assist your children to develop a routine and commence the activities for the day and to get them motivated.

Zoom Friends

As our remote learning continues some of our students are feeling disconnected from their friends. I encourage students to catch up with their friends via Zoom, Facetime or Skype so they can maintain their connection.



Parent Survey

We posted a parent survey on Compass on Tuesday afternoon. Thank you to the parents who have already completed it. We had 135 responses by 9:00am yesterday. Well done! We have adjusted the settings to allow parents to fill it in for each child. Thank you to Kathleen Gaynor and Michelle Spencer for the excellent tip.

Webinars for Parents and Carers to Help Build Family Resilience

On Tuesday 25th August, the Department of Education and Training is presenting a free webinar for parents and carers by renowned child psychologist, Dr Michael Carr-Gregg, on building family resilience during coronavirus (COVID-19).

Parents and carers play a vital role in helping children feel safe through uncertain times.

Dr Carr-Gregg's webinar is aptly named 'Managing the Coronacoaster – Tips for building resilient families in the coronavirus era'.

In this webinar, Dr Carr-Gregg provides tools and strategies for parents and carers to help manage the lockdown and remote learning. Topics include:

- your supportive role
- setting the emotional tone
- focusing on what you can control
- how to deal with disappointment
- further resources and where to get help.

Dr Carr-Gregg's presentation will run for 45 minutes. This will be followed by a 15-minute question-and-answer session in which parents and carers can ask Dr Carr-Gregg questions.

Webinar details:

When: Tuesday 25th August
Time: 7:30pm
Duration: 45-minute presentation followed by 15-minute questions and answers session
Format: Online via Webex
Cost: FREE

How to Register

To register and for more information visit the '[Managing the Coronacoaster – Tips for building resilient families in the coronavirus era Eventbrite page](#)'.

'Schooling - the New Normal'

Andrew Fuller, Clinical Psychologist, Presenter and Author

(The Parent Information Series is hosted by the Inner Middle Southern Region Network)

Back by popular demand, Andrew Fuller will give us some insight into helping our children thrive in this challenging time of online learning. Andrew has worked with 1000's of schools, families and children to help build "The Resilient Mindset" which he defines as "the happy knack of being able to bungee jump through the pitfalls of life to rise above adversity and obstacles". Andrew has always been inspired in his mission to help people create futures they can fall in love with.

This session is suitable for parents and carers of children in early years and primary school settings.

Topics covered will include:

- Learn how not to turn the challenge of home learning into a crisis
- Be mindful in the moment
- Make plans that create differences
- Building a positive mindset about returning to school

When: Tuesday 1 September 2020

Time: 7.00pm -8.00pm

Where: This session will be online. All registrations will be emailed the link to the event a few days prior.

Cost: Free

Register today, this event will sell out!

REGISTER

If you have an issue that you would like to discuss please contact the school.

Interesting Fact

Today, the 20th August is [World Mosquito Day](#). World Mosquito Day is observed on the 20th of August every year to commemorate the British doctor, Sir Ronald Ross's discovery in 1897 that 'female mosquitoes transmit malaria between humans'.



Science Week

It was excellent to see so many of our students and families getting involved in the Science Week activities. The whole school challenge "Who Sunk The Boat?" was attempted by lots of students. There were boats made of Lego, plastic bottles, plastic containers, card and wood. They came in all shapes and sizes, from cruise ships to single sculls carrying teddies and Star Wars figures. It was a wonderful learning experience, investigating buoyancy, balance and different materials. Some students managed to succeed in keeping their boats afloat with a 400g tin aboard. Great effort! Thank you Mr Cracknell for setting up this challenge.

Students have also been investigating other aspects of Science this week. We have seen photographs and write ups about the flower blossom experiment, slime, space and Rube Goldberg machines. We will see more information next week from the Year 4s about their Rube Goldberg machines. We are glad you enjoyed the Science activities.

Mr Baker

A Love of Reading

Our Year 6 Library Tech Leaders are keen for everyone to still have a love of reading, especially now that we have more time available. Unfortunately we do not have the usual access to our amazing school library or our Kingston libraries. So this week Indu decided to record the story of..... 'The Sad Little Monster and The Jelly Bean Queen'. Click on the link below and enjoy the story.

<https://drive.google.com/file/d/1hBhkzlfirlyDYiHbgrg2YMIVhYjTCHmTPS/view?usp=sharing>

We are all coping with the stage 4 lockdown in different ways. It is the time to support each other and show compassion and empathy for those around us. Some have lost loved ones, many are struggling with the isolation factor and we are all hoping this will end soon.



A positive comment far outweighs a criticism, so next time you are feeling down or feel the need to criticise practise gratitude. Instead of criticising list three things you are grateful for. You will be amazed how different you will feel.

Enjoy a restful weekend, stay warm and stay safe.

Cheryle Osborne



Virtual Lunchtime Clubs at AGPS

As many students are missing the opportunity to attend lunchtime clubs, we thought that we would introduce these virtually. Our Specialist Teachers have been busy planning how these will run for those students wishing to attend.

So on a Wednesday lunchtime @1:00pm the following clubs will run.

There will be 2 clubs running simultaneously. One club directed to our Foundation – Year 2 students and the other club for our Year 3 – Year 6 students. These clubs will provide a time for students to have some fun, practise a skill and connect with peers and our Specialist Teachers.

Reminders of these and the links will be posted on Class Dojo at the beginning of each week.



STARS OF THE WEEK

Week 4 – Term 3



Class	Student	Reason
FCH	Alexander V	For the effort he continues to put into all learning experiences, particularly his writing and his 100 days of school celebrations!
FTA	Jessie H	For her fantastic reading during our Reading Group sessions! Keep up the great work!
FEC	Tom G	For her fantastic retell of a story in Daily 5 this week. Keep up the great work!
FMC	Ava B	For all of the fantastic work she had produced during remote learning! Keep up the great work!
FLB	Amelia F	For her enthusiastic approach to online learning - you are a superstar!
FDA	Matthew W	For your positive attitude and enthusiasm during guided reading groups!
1RP	Khoi H	For his fantastic effort during guided reading groups! You're amazing Khoi!
1NA	Liam B	For his outstanding performance in his timeline presentation. The clarity and confidence you showed was amazing!
1KA	Ava-Jayne P	For her incredibly entertaining video presentation on her personal timeline. Your enthusiasm towards your learning is amazing!
1SH	Ava H	For the confidence and enthusiasm she displayed in her timeline presentation video. Fantastic expression Ava!
2DM	Roland L	For showing excellent commitment to your learning at home. You should be proud of yourself Roland!
2LC	Amelie W	For showing excellent commitment to improving your reading. We are proud of you Amelie!
2RG	Ryan L	For your enthusiasm and commitment to your learning.
2LK	Beau B	For your outstanding improvement in reading. Keep up the amazing work!
2RK	Kai M	For his dedication towards his learning. Keep it up you little superstar!
3LG	Gemma G	For showing commitment to your learning and enthusiastically participating in class discussions.
3DB	Malachi D	For his positive attitude and always completing his work. You are a champion!
3KB	Ashley G	For his enthusiasm and commitment to his learning. You should be proud of yourself Ash!
3MK	Ethan D	For the confidence you have shown in reading groups. Keep up the great work!
4CT	Aadi C	For always applying himself and completing work at a high standard. Great job Aadi!
4BH	Isobel McC	For her persistence shown throughout remote learning.
4OM	Kiaan S	For his participation in his writing WebEx and for trying his best to improve his work.
4HB	Max T	For the growing confidence he shows in his reading abilities. Keep up the fantastic effort!
5LW	James H	For always giving inciteful reflections when completing his home learning tasks. Keep up the outstanding work James!
5RL	James M	For showing excellent commitment to your learning at home. Great work!
5AA	Blake W	For your fantastic effort and positive attitude during remote learning. You always lift everyone's spirits!
5JI	Rafael A	For his enthusiasm, commitment and participation to his learning and Webex meetings. Well done!
6JB	Tarun P	For his excellent communication skills and challenging himself personally through remote learning. Amazing effort!
6KC	Lewis S	For his amazing help in setting up our Digital Licences. Thank you so much.
6JC	Teagan L	For always doing a great job at organising herself during remote learning.
6JM	Ava O	For making an absolutely fantastic effort with all your work during remote learning 2.0!
LOTE	Amelia F (Foundation)	For your great effort making your family tree using PicCollage and your clear pronunciation introducing your family members in Mandarin.
	Hayden W (4HB)	For your amazing effort you put into to complete all your remoting learning 2.0 tasks.
P.E.	Miles H (Year 1)	For always uploading your terrific PE photos and having a big smile on your face!
Visual Arts	Shivali K (Year 2)	For her amazing creative collection photo.
Music	Mia S (Year 6)	For consistently striving to do her best and presenting work above and beyond of what is required.
The LAST Mrs Walker Award	Lachie A FDA	For his wonderful enthusiasm and growing confidence with his reading! well done Lachie!

Did you know?



We have a Dads Group!

all dads and father-figures welcome

IN PROUD PARTNERSHIP WITH  **the fatheringproject**

Since 2014 Fathering Project Dads Groups have been providing environments for fathers and father-figures to feel welcome to gather, share, learn and bond with each other and with their kids.

Our Dads Groups provide mateship, a valuable support system and resources to help fathers' up-skill

Would you like to join the AGPS Dads Group?

If you are a father or father-figure associated with this school you are invited to join this Dads Group and attend its activities. Dads Groups are run by dads and father figures, for dads – with support and resources from The Fathering Project. Groups typically host four activities per year, two for dads only, and two with the kids. These activities provide dads an opportunity to bond with their kids and connect with other fathers.

Activities are chosen and planned by the dads in each group. Popular activities include barbecues, camping nights and dad catch-ups. Dads Groups welcome all fathers and father-figures to their activities, including uncles, grandfathers, coaches, teachers and mentors.

When joining your group you will also become a free member of The Fathering Project and gain access to the member portal, giving you access to your group's activity calendar, fathering resources and more.

For further information go to:

<https://thefatheringproject.org/dads-group/aspendale-gardens-primary-school/>



Alicia 1NA



Zephyr FEC



Josh 2RG



Shivali 2DM

This week students arranged chosen objects in a creative collection to represent their interests and favourite things.

Students considered how to pose themselves around their carefully placed items, illustrating and celebrating the amazing and unique people they are!



Leighton 4CT



Jacinta 6JM



Leah 3DB



Matyas 4CT



Rafael 5JI



Mia 6JC



It was great to see students once again having a lot of fun in PE this week. This week saw students in Foundation & Year 1 join the rest of the school in playing a range of fun games which helped to develop their hand-eye coordination. Students enjoyed the



games of Find Three Things, Stinky Socks & Sock Tennis.

Meanwhile students continue to work on their fitness levels during our live PE sessions.....

Remember to keep an eye out for Buddy Bear to be in the running for a prize when school returns! Can you find him?

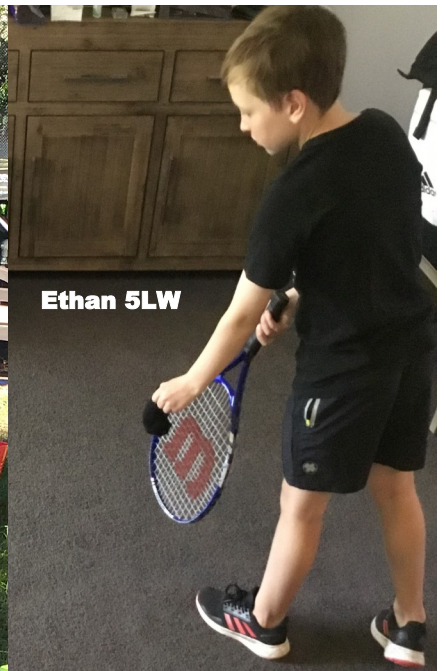
Keep up the awesome work AGPS!



Cooper 4HB & Teah 2LK



Cameron 4HB



Ethan 5LW



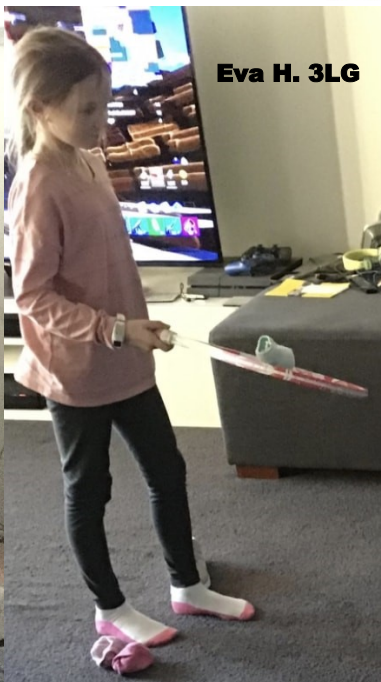
Logan 5LW & Colby 2RK



Nathan 3MK



Sam 6JC



Eva H. 3LG



Amelia 6JB

Here are some photos of Magical, Musical Jigsaw Puzzles that students

created this week in Performing Arts. Sanjay won the challenge - he created the most number of different rhythm combination puzzles = 11! Congratulations!



David 4OM



Hayden 4HB



Alisha 3DB



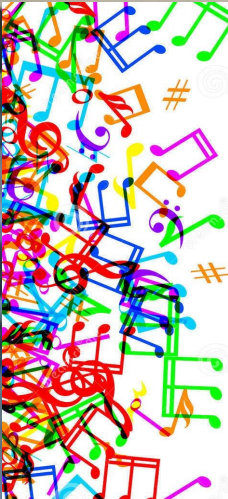
Sarah 4BH



Isabella 5RL



Sanjay 5AA



Koby 3LG



Jasmine 4HB



Jacinta 6JM



2021 ENROL NOW!!

There are still places available for next year in our 3 year old Preschool program.

3YO Applications: <https://www.agcsinc.org.au/3-year-old-preschool>

To go on the waitlist for our 4year old program, visit
kingston.vic.gov.au/CentralRegistration

If you have any queries, email: kim.fulton@agcsinc.org.au

NEW TIMETABLE FOR ONLINE ABBA FITNESS CLASSES

effective Monday 17 August to Saturday 19 September 2020

	6:00am	7:00am	8.00am	2.00pm
MON	MONDAY MADNESS CARDIO 45 mins		SHADOW BOXING 45 mins	
TUES		BLT (BUMS, LEGS & THIGHS) 45 mins		ZUMBA 40 mins
WED	SHADOW BOXING 45 mins		TABATA STRENGTH 45 mins	
THURS		POWER PUMP 40 mins		SHADOW BOXING 45 mins
FRI	HIIT 45 mins		CRANK IT UP CARDIO & WEIGHTS 40 mins	
SAT			AMRAP (AS MANY ROUNDS AS POSSIBLE) SURPRISE! 45 mins	

For more details, contact Tracy on 0422 002 500 ktnaismith@iinet.net.au

All sessions are online virtual classes via the Zoom App



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Mon: 8:30am to 6:00pm
Tues: 9:00am to 5:00pm
Wed: 9:00am to 5:00pm
Thurs: 9:00am to 5:30pm
Fri: 9:00am to 5:30pm
Sat: 9:00am to 12:00pm

*Influenza
vaccinations
available. Please
call to enquire*

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